


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 8:30 Coffee & Current Events-A 9:30 Stretch N Flex-A 10:00 Music N Motion 2:00 Church-DR 2:30 Social	<b>2</b> 8:30 Coffee & Current Events-A 10:00 Bible Study-A 12:30 Its Never 2 Late 2:00 Music N Motion-DR 2:30 Bingo-DR 3:30-4:00 Sign Language-Dr 6:00 Game Night-A	<b>3</b> 8:30 Coffee & Current Events-A 10:00 Cooking Club-A 12:30 Stretch N Flex-A 1:00-3:00 Manicures-A Happy Hour SA700 & 800	<b>4</b> 8:00 Coffee & Current Events-A 9:00 Prayer & Praise-A 10:30 Lunch @ Caras Park 2:30 Soothing Back Rubs-DR 7:00 Resident Choice Movie Night <u>All Day It's Never 2 Late Training</u>	<b>5</b> 8:30 Coffee & Current Events-A 9:30 Art with Loren 10:00 Wii Games-A 1:30 Stretch N Flex-A 2:00 Angel Ministry Knitters 2:30 Manicures-SA800 5:00 Dinner	<b>6</b> 8:30 Coffee & Current Events-A 10:00 Crafts 10:00 Catholic Services 12:00 Movie & Popcorn-A 1:30 Music N Motion-A 2:00 The Lockharts 3:00 Bingo TRIVIA SA700 & 800 @ Lunch	<b>7</b> 8:30 Coffee & Current Events-A 10:00 Crafts 12:00 Snack Cart 2:00 Bingo-DR 3:30 Rainbow Medley
<b>8</b> 8:30 Coffee & Current Events-A 9:30 Stretch N Flex-A 10:00 Music N Motion 2:00 Church-DR 2:30 Social	<b>9</b> 8:30 Coffee & Current Events-A 10:00 Bible Study-A 12:30 Its Never 2 Late 2:00 Music N Motion-DR 2:30 Bingo-DR 3:30-4:00 Sign Language-Dr 6:00 Game Night-A	<b>10</b> 8:30 Coffee & Current Events-A 10:00 Cooking Club-A 12:30 Stretch N Flex-A 1:00-3:00 Manicures-A 4:00 Donna @ the grand Happy Hour SA700 & 800	<b>11</b> 7:00 Ladies Breakfast 8:00 Coffee & Current Events-A 9:00 Prayer & Praise-A 10:30 Lunch @ Caras Park 2:30 Bday Party w/ Terry 3:30 Soothing Back Rubs-DR 7:00 Resident Choice Movie Night <u>All Day It's Never 2 Late Training</u>	<b>12</b> 8:30 Coffee & Current Events-A 9:30 Art with Loren 10:00 Wii Games-A 1:30 Stretch N Flex-A 2:00 Welcoming Club 2:30 Manicures-SA800 5:00 Dinner	<b>13</b> 8:30 Coffee & Current Events-A 10:00 Crafts 12:00 Movie & Popcorn-A 1:30 Music N Motion-A 2:00 Bingo-DR <b>FAIR! FUN &amp; FOOD!!!</b>	<b>14</b> 8:30 Coffee & Current Events-A 10:00 Crafts 12:00 Snack Cart 2:00 Bingo-DR 3:30 Rainbow Medley
<b>15</b> 8:30 Coffee & Current Events-A 9:30 Stretch N Flex-A 10:00 Music N Motion 2:00 Church-DR 2:30 Social	<b>16</b> 8:30 Coffee & Current Events-A 10:00 Bible Study-A 12:30 Its Never 2 Late 2:00 Music N Motion-DR 2:30 Bingo-DR 3:30-4:00 Sign Language-Dr 6:00 Game Night-A	<b>17</b> 8:30 Coffee & Current Events-A 10:00 Cooking Club-A 12:30 Stretch N Flex-A 1:00-3:00 Manicures-A 3:30 Gentlemen's Club Happy Hour SA700 & 800	<b>18</b> 8:00 Coffee & Current Events-A 9:00 Prayer & Praise-A 10:30 Lunch @ Caras Park 2:30 Bingo-DR 3:30 Soothing Back Rubs-DR 7:00 Resident Choice Movie Night <u>All Day It's Never 2 Late Training</u>	<b>19</b> 8:30 Coffee & Current Events-A 9:30 Art with Loren 10:00 Wii Games-A 1:30 Stretch N Flex-A 2:00 Angel Ministry Knitters 2:30 Manicures-SA800 5:00 Dinner	<b>20</b> 8:30 Coffee & Current Events-A 10:00 Crafts 10:00 Catholic Services 12:00 Movie & Popcorn-A 1:30 Music N Motion-A 2:00 Bingo-DR 3:00 Treasures of the Heart TRIVIA SA700 & 800 @ Lunch	<b>21</b> 8:30 Coffee & Current Events-A 10:00 Crafts 12:00 Snack Cart 2:00 Bingo-DR 3:30 Rainbow Medley
<b>22</b> 8:30 Coffee & Current Events-A 9:30 Stretch N Flex-A 10:00 Music N Motion 2:00 Church-DR 2:30 Social	<b>23</b> 8:30 Coffee & Current Events-A 10:00 Bible Study-A 12:30 Its Never 2 Late 2:00 Music N Motion-DR 2:30 Bingo-DR 3:30-4:00 Sign Language-Dr 6:00 Game Night-A	<b>24</b> 8:30 Coffee & Current Events-A 10:00 Cooking Club-A 12:30 Stretch N Flex-A 1:00-3:00 Manicures-A 4:00 Donna @ the grand Happy Hour SA700 & 800	<b>25</b> Men's Breakfast 8:00 Coffee & Current Events-A 9:00 Prayer & Praise-A 10:30 Lunch @ Caras Park 2:30 Bingo-DR 3:30 The Lockwoods 7:00 Resident Choice Movie Night <u>All Day It's Never 2 Late Training</u>	<b>26</b> 8:30 Coffee & Current Events-A 9:30 Art with Loren 10:00 Wii Games-A 1:30 Stretch N Flex-A 2:00 Welcoming Club 2:30 Singing w/ Terry 5:00 LUAU	<b>27</b> 8:30 Coffee & Current Events-A 10:00 Crafts 12:00 Movie & Popcorn-A 1:30 Music N Motion-A 2:00 Bingo-DR 3:00 Donna & the Band TRIVIA SA700 & 800 @ Lunch	<b>28</b> 8:30 Coffee & Current Events-A 10:00 Crafts 12:00 Snack Cart 2:00 Bingo-DR 3:30 Rainbow Medley
<b>29</b> 8:30 Coffee & Current Events-A 9:30 Stretch N Flex-A 10:00 Music N Motion 2:00 Church-DR 2:30 Social	<b>30</b> 8:30 Coffee & Current Events-A 10:00 Bible Study-A 12:30 Its Never 2 Late 2:00 Music N Motion-DR 2:30 Bingo-DR 3:30 Veterans' Club 3:30-4:00 Sign Language-Dr 6:00 Game Night-A	<b>31</b> 8:30 Coffee & Current Events-A 10:00 Cooking Club-A 12:30 Stretch N Flex-A 1:00-3:00 Manicures-A Happy Hour SA700 & 800	 <h1 style="color: red;">August 2010</h1> <h2 style="color: red;">VHCC ACTIVITY CALENDAR</h2>			